A review and analysis on fertility and milk production in commercial dairy farms with customized lactation length during the last ten years
Roya Daneshmand 1, *, Saeedeh Shahidi 2

1 Professional Doctor of Veterinary Medicine, Faculty of Veterinary Medicine, Islamic Azad University, Tabriz Branch, Tabriz, Iran, Roya.daneshmand96@yahoo.com.
2 Professional Doctor of Veterinary Medicine, Faculty of Veterinary Medicine, Islamic Azad University, Tabriz Branch, Tabriz, Iran, Saeedehsh22221375@gmail.com

*Corresponding author: Roya Daneshmand

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- extended lactation; insemination;
- milk yield

ABSTRACT

Approximately 150 million households around the globe are engaged in milk production. In most developing countries, milk is produced by smallholders, and milk production contributes to household livelihoods, food security and nutrition. Milk provides relatively quick returns for small-scale producers and is an important source of cash income. In recent decades, developing countries have increased their share in global dairy production. This growth is mostly the result of an increase in numbers of producing animals rather than a rise in productivity per head. In many developing countries, dairy productivity is constrained by poor-quality feed resources, diseases, limited access to markets and services (e.g., health, credit and training) and dairy animals’ low genetic potential for milk production. Unlike developed countries, many developing countries have hot and/or humid climates that are unfavourable for dairying. Traditionally, dairy farmers are recommended to aim for a 1-yr calving interval, as this would maximize milk production and income. Longer calving intervals would extend the period in late lactation, when milk production is lower. However, there may be several reasons to re-evaluate the traditional lactation length, including increased productivity of modern dairy cows, and potential benefits of longer lactations for cow health and welfare. Moreover, although farmers are advised to aim for a 1-yr calving interval, in practice calving intervals mostly exceed 1 yr. Some cows might be better suited for an extended Clnt than others, due to differences in milk yield level, lactation persistency, or health status, which would justify a customized Clnt based on individual cow characteristics. This study aims to investigate 13 farms with customized Clnt, with respect to calving to first service interval (CFSI), accomplished Clnt, services per conception (SC), conception rate at first artificial insemination (CR1AI), peak yield, lactation persistency, 305-d yield, and effective lactation yield. In total, 4,858 complete lactations of Holstein Friesian cows between 2012 and 2022 from the 13 farms were grouped by parity and CFSI or Clnt.
1. Introduction

Milk is a white liquid food produced by the mammary glands of mammals. It is the primary source of nutrition for young mammals (including breastfed human infants) before they are able to digest solid food.

Immune factors and immune-modulating components in milk contribute to milk immunity. Early-lactation milk, which is called colostrum, contains antibodies that strengthen the immune system and thus reduce the risk of many diseases. Milk contains many nutrients, including protein and lactose. As an agricultural product, dairy milk is collected from farm animals. In 2011, dairy farms produced around 730 million tonnes (800 million short tons) of milk from 260 million dairy cows. India is the world’s largest producer of milk and the leading exporter of skimmed milk powder, but it exports few other milk products.

Because there is an ever-increasing demand for dairy products in India, it could eventually become a net importer of dairy products. New Zealand, Germany, and the Netherlands are the largest exporters of milk products.

The US Centers for Disease Control and Prevention recommends that children over the age of 12 months should have two servings of dairy milk products a day. More than six billion people worldwide consume milk and milk products, and between 750 and 900 million people live in dairy-farming households.

Traditionally, a 1-yr calving interval is advised to farmers from an economical point of view, to realize a yearly peak in milk yield. A 1-yr calving interval, however, implies a yearly event of drying-off, calving and start of lactation, which are all associated with an increased risk for diseases and disorders. Deliberately extending the lactation length by extending the voluntary waiting period (VWP) for first insemination reduces the frequency of these challenging events. This reduction in frequency of calvings can be beneficial for cow health and fertility, but also can be of interest to reduce the number of surplus calves and labor associated with drying off, calving, and disease treatments. Current concerns with respect to an extended lactation are that milk yield is too low in late lactation, which might be associated with an increased risk of fattening of cows in late lactation, and compromised economic returns at herd level. In addition, limited knowledge is available with respect to consequences for cow performance in the subsequent lactation and for calves born to cows with an extended lactation. Moreover, response of dairy cows to an extended VWP depends on individual cow characteristics like parity, milk yield level or body condition. A customized
strategy based on individual cow characteristics can be a future approach to select high-producing cows with persistent lactation curves for an extended lactation to limit the risk for fattening and milk yield reduction at the end of the lactation while benefitting from a reduction in challenging events around calving.

Dairy farming is a class of agriculture for long-term production of milk, which is processed (either on the farm or at a dairy plant, either of which may be called a dairy) for eventual sale of a dairy product. Dairy farming has a history that goes back to the early Neolithic era, around the seventh millennium BC, in many regions of Europe and Africa. Before the 20th century, milking was done by hand on small farms. Beginning in the early 20th century, milking was done in large scale dairy farms with innovations including rotary parlors, the milking pipeline, and automatic milking systems that were commercially developed in the early 1990s.

Milk preservation methods have improved starting with the arrival of refrigeration technology in the late 19th century, which included direct expansion refrigeration and the plate heat exchanger. These cooling methods allowed dairy farms to preserve milk by reducing spoiling due to bacterial growth and humidity.

Worldwide, leading dairy industries in many countries including India, the United States, China, and New Zealand serve as important producers, exporters, and importers of milk. Since the late 20th century, there has generally been an increase in total milk production worldwide, with around 827,884,000 tonnes of milk being produced in 2017 according to the FAO.

Extending the VWP results in longer lactation lengths and calving intervals (Van Amburgh et al., 1997; Rehn et al., 2000; Arbel et al., 2001; Österman and Bertilsson, 2003; Stangaferro et al., 2018a, b; Niozas et al., 2019a; Burgers et al., 2021b). Longer lactations prolong the period of late lactation, where milk production is generally lower, yet increase the number of lactating days relative to dry days. The overall impact of extended lactations on milk production would therefore be best expressed as milk yield per day of calving interval (MY/CI) (Österman and Bertilsson, 2003; Lehmann et al., 2016).

In most of the reviewed studies, a longer VWP resulted in a lower MY/CI for multiparous cows, and [a higher MY/CI] for primiparous cows (Figure 2), while in several studies VWP length had no significant effect (Rehn et al., 2000; Arbel et al., 2001; Österman and Bertilsson, 2003). Within multiparous cows, yield of cows with a VWP of 200 d was lower than that of cows with a VWP of 50 d when expressed as fat-and-protein-corrected milk per day of calving interval (Burgers et al., 2021b), and within primiparous cows, yield of cows with a VWP of 150 d was higher than that of cows with a VWP of 90 d when expressed as value-corrected milk per day of calving interval (Arbel et al., 2001). Niozas et al. (2019b) found a similar production per day in lactation for cows with a VWP of 40, 120, or 180 d, with an increase in lactation length of 106 d and an increase in dry period length of 10 d for a VWP of 180 d, also implying that MY/CI was not affected. Österman and Bertilsson (2003) extended the VWP for multiple lactations, and found similar energy-corrected milk yields per day of calving interval for cows with three 12-mo lactations compared with cows with two 18-mo lactations. Milk fat, protein and lactose content in the first 44 wk of lactation were not affected by a VWP of 50, 125, or 200 d (Burgers et al., 2021b), yet were shown to increase in the extended lactation (Österman and Bertilsson, 2003).

There has been substantial concern over the amount of waste output created by dairy industries, even through manure disposal and air pollution caused by methane gas. The industry’s role in agricultural greenhouse gas emissions has also been noted to implicate environmental consequences. Various measures have been put in place in order to control the amount of phosphorus excreted by dairy livestock. The usage of rBST has also been controversial. Dairy farming in general has been criticized by animal welfare activists due to the health issues imposed upon dairy cows through intensive animal farming. Drying-off, calving, and start of a new lactation are critical transition events for a dairy cow. Large changes in both physiology (e.g., calving, onset of milk production) and management (e.g., regrouping, start of milking) increase the risk for disease
and culling (Butler, 2000; Fetrow et al., 2006; Pinedo et al., 2014). In most modern dairy systems, a cow faces these transition events every year, as a 1-yr calving interval (CInt) is usually aimed for. A 1-yr CInt is associated with a large average 305-d yield and better economic results compared with longer CInt (Strandberg and Oltenacu, 1989; Inchaisri et al., 2011; Steeneveld and Hogeveen, 2012).

It can be hypothesized that reducing the number of transition events per unit of time by extending CInt could be beneficial for fertility and health. First, insemination results could be improved because of a better metabolic status at the moment of insemination, as less inseminations are needed when insemination is delayed from 40 to 120 d after calving (Niozas et al., 2019b). Second, extending CInt could reduce the number of cows that are dried-off with a high milk yield (i.e., >18 kg/d), which could improve udder health (Rajala-Schultz et al., 2005; Odensten et al., 2007) and welfare (Zobel et al., 2015). Finally, some farmers aim to reduce the amount of calvings and calves born for the reduction of labor related to transition management and calf care, as well as the reduction in surplus of calves for cow replacement (Mohd Nor et al., 2014).

Although a 1-yr calving interval is usually aimed for due to maximal 305-d milk yield, milk losses due to an extended CInt could be less severe than reported in the modeling studies (Strandberg and Oltenacu, 1989; Inchaisri et al., 2011; Steeneveld and Hogeveen, 2012). First, these modeling studies were based on retrospective data, which implies a potential bias in the results because farmers likely tried to achieve a 1-yr CInt, with extended CInt indicating the involuntary consequence of health or fertility issues (Garverick et al., 2013; Carvalho et al., 2014). Second, some studies mainly reported 305-d yields. With an extended CInt, however, cows have a longer lactation period and less dry days per year, which influences both milk production per day and per year (Kok et al., 2019). Alternatively, milk production could be expressed as the total lactation including the dry period (i.e., averaged per day of CInt), similar to the effective lactation yield measure (Kok et al., 2016). Finally, the negative effect of pregnancy on milk yield might be delayed when CInt is extended, increasing lactation persistency (Bormann et al., 2002; Roche, 2003). Very persistent lactations could reduce milk losses, or possibly increase production, with an extended CInt (Arbel et al., 2001; Inchaisri et al., 2011; Kok et al., 2019).

Studies suggest that the optimal calving interval might be different for individual cows (Bertilsson et al., 1997; Kolver et al., 2007; Lehmann et al., 2017). Heifers had no or lower milk yield losses in increased CInt compared with older cows (Rehn et al., 2000; Østerman and Bertilsson, 2003; Lehmann et al., 2016). In addition, milk yield level, body condition, or health status could be valuable cow characteristics that determine the response of cows to an extended voluntary waiting period for first insemination (Kolver et al., 2007; Lehmann et al., 2017). Recently, some farmers in the Netherlands started to customize CInt by extending the voluntary waiting period for first insemination after calving (VWP) for (part of) their herds. It is still a challenge for farmers, however, to select cows that have persistent lactations and therefore are capable of maintaining milk production with an extended CInt.

This study aimed to investigate farms with customized CInt with respect to calving to first service interval (CFSI), accomplished CInt, services per conception (SC), conception rate at first AI (CRIAI), peak yield, lactation persistency, 305-d yield, and effective lactation yield. We investigated multianual data of 13 commercial Dutch dairy farms that managed their cows for a customized CInt, using various strategies to select individual cows for an extended VWP.

**MATERIALS AND METHODS**

**Herd**

With an advertisement in a Dutch farmers magazine in 2017, farmers were asked to join a network group concerning the practical applications and implications of extended CInt on farms. This advertisement resulted in 13 Dutch dairy farmers with Holstein Friesian cows that deliberately...
extend the VWP for (part of) their cows and that were willing to share their milk production data.
From these 13 farmers, 11 farmers were able to share their insemination data. Herd size, milking
system, and average milking frequency, as well as the individual strategies to increase VWP and
the accomplished mean CInt, are presented in Table 1. Criteria to select cows for an extended VWP
differed among farmers. Some farmers used a fixed extended VWP for all cows, meaning that they
waited a certain number of days after calving before starting insemination. Other farmers selected
individual cows for an extended VWP based on daily milk yield, meaning that they waited until
milk production dropped below a certain level before starting insemination. A few farmers selected
cows for an extended VWP based on their peak yield; a greater peak yield implied a longer waiting
period before start of insemination.

Data

Data of the 13 farms were retrieved via the Dutch milk recording system (CRV, Arnhem, the
Netherlands). Only data from complete lactations with a known CInt (defined as the period from
calving date to next calving date) were used. Cow lactations were grouped by parity (1 or 2+) and
CFSI (CFSI-1 < 84; 84 ≤ CFSI-2 < 140; 140 ≤ CFSI-3 < 196; 196 ≤ CFSI-4 < 252; CFSI-5 ≥ 252
d) or CInt class (CInt-1 < 364; 364 ≤ CInt-2 < 420; 420 ≤ CInt-3 < 476; 476 ≤ CInt-4 < 532; CInt-5 ≥ 532 d), where each next CInt class was an extension of CInt with 8 wk. The CFSI classes were
designed to match the CInt classes based on an assumed gestation length of 280 d and conception
at first insemination. The Appendix gives an overview of the number of lactations per parity class,
per CInt class, per farm, and the mean CInt per parity class, per CInt class, per farm. The Appendix
also gives an overview of the number of lactations per parity class, per CFSI class, and per farm,
and the mean CFSI per parity class, per CFSI class, and per farm.

Table 1. Farm characteristics of 13 Dutch dairy farms in 2018 and their strategies to extend calving
interval (CInt) by extending the voluntary waiting period for first insemination after calving (VWP)

<table>
<thead>
<tr>
<th>Farm</th>
<th>Breed</th>
<th>Herd size</th>
<th>Milk system</th>
<th>VWP criteria</th>
<th>Strategy to increase CInt</th>
<th>Mean CInt (d)</th>
<th>305-d yield (kg of FPCM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>CMS</td>
<td>110</td>
<td>Semi</td>
<td>Fixed</td>
<td>“Dependent on days and production”</td>
<td>80</td>
<td>463</td>
</tr>
<tr>
<td>B</td>
<td>CMS</td>
<td>120</td>
<td>Peak</td>
<td>Peak</td>
<td>“Dependent on days and production”</td>
<td>60</td>
<td>411</td>
</tr>
<tr>
<td>C</td>
<td>CMS</td>
<td>75</td>
<td>Fixed</td>
<td>Fixed</td>
<td>“Dependent on days and production”</td>
<td>100</td>
<td>468</td>
</tr>
<tr>
<td>D</td>
<td>AMS</td>
<td>65</td>
<td>Fixed, FS</td>
<td>Fixed, FS</td>
<td>“Dependent on days and production”</td>
<td>150</td>
<td>411</td>
</tr>
<tr>
<td>E</td>
<td>AMS</td>
<td>100</td>
<td>Fixed, FS</td>
<td>Fixed, FS</td>
<td>“Dependent on days and production”</td>
<td>100</td>
<td>477</td>
</tr>
<tr>
<td>F</td>
<td>AMS</td>
<td>80</td>
<td>Fixed, Level</td>
<td>Fixed, Level</td>
<td>“Dependent on days and production”</td>
<td>90</td>
<td>478</td>
</tr>
<tr>
<td>G</td>
<td>AMS</td>
<td>261</td>
<td>Peak</td>
<td>Fixed</td>
<td>“Dependent on days and production”</td>
<td>100</td>
<td>400</td>
</tr>
<tr>
<td>H</td>
<td>AMS</td>
<td>188</td>
<td>Fixed</td>
<td>Fixed</td>
<td>“Dependent on days and production”</td>
<td>110</td>
<td>435</td>
</tr>
<tr>
<td>I</td>
<td>AMS</td>
<td>155</td>
<td>Fixed, Level</td>
<td>Fixed, Level</td>
<td>“Dependent on days and production”</td>
<td>80</td>
<td>485</td>
</tr>
<tr>
<td>J</td>
<td>AMS</td>
<td>104</td>
<td>Fixed, Level</td>
<td>Fixed, Level</td>
<td>“Dependent on days and production”</td>
<td>60</td>
<td>423</td>
</tr>
<tr>
<td>K</td>
<td>AMS</td>
<td>120</td>
<td>Level</td>
<td>Level</td>
<td>“Dependent on days and production”</td>
<td>80</td>
<td>462</td>
</tr>
<tr>
<td>L</td>
<td>AMS</td>
<td>73</td>
<td>Fixed, FS</td>
<td>Fixed, FS</td>
<td>“Dependent on days and production”</td>
<td>60</td>
<td>473</td>
</tr>
<tr>
<td>M</td>
<td>AMS</td>
<td>50</td>
<td>Fixed</td>
<td>Fixed</td>
<td>“Dependent on days and production”</td>
<td>30</td>
<td>421</td>
</tr>
</tbody>
</table>

Table 2. Percentage of cows per calving to first service interval (CFSI) class per calving interval (CInt)
class (total lactations = 3,597)
Table 3. Percentage of cows per calving interval (Clnt) class per calving to first service interval (CFSI) class (total lactations = 3,597)

<table>
<thead>
<tr>
<th>Clnt class(^3) (n of lactations)</th>
<th>CFSI class(^2) (n of lactations)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CFSI-1 (939)</td>
</tr>
<tr>
<td>Clnt-1 (509)</td>
<td>49.8(^a)</td>
</tr>
<tr>
<td>Clnt-2 (1,359)</td>
<td>28.2</td>
</tr>
<tr>
<td>Clnt-3 (813)</td>
<td>12.3</td>
</tr>
<tr>
<td>Clnt-4 (471)</td>
<td>5.5</td>
</tr>
<tr>
<td>Clnt-5 (445)</td>
<td>4.2</td>
</tr>
<tr>
<td>Total</td>
<td>100</td>
</tr>
</tbody>
</table>

Table 4. Services per conception (SC) and conception rate at first insemination per calving to first service interval (CFSI) class

<table>
<thead>
<tr>
<th>Item</th>
<th>CFSI class (d)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lactations (n)</td>
<td>939</td>
</tr>
<tr>
<td>Services per conception (^1)(mean \pm SE)</td>
<td>1.90 ± 0.05</td>
</tr>
<tr>
<td>Range SC(^2) (minimum:maximum)</td>
<td>1–11</td>
</tr>
<tr>
<td>Conception rate(^3)(mean %)</td>
<td>52.8(^ab)</td>
</tr>
<tr>
<td></td>
<td>57.3(^b)</td>
</tr>
<tr>
<td></td>
<td>49.3(^b)</td>
</tr>
<tr>
<td></td>
<td>57.3(^b)</td>
</tr>
<tr>
<td></td>
<td>51.7(^b)</td>
</tr>
</tbody>
</table>

Insemination Data

Insemination data were available for 11 out of 13 farms, from February 2013 until March 2019. The original data set consisted of 5,487 lactations. In total, 1,890 incomplete lactations were removed. The final data set for analysis of inseminations included only complete lactations with insemination data available and consisted of 3,597 complete lactations with 6,968 inseminations. Cow inseminations were grouped by parity (1 or 2+) and CFSI or Clnt class.

Milk Production Data

Milk production data were available for all 13 farms. Milk yield and composition were recorded every 4 to 6 wk, from January 2010 until January 2020. The original data set consisted of 8,447 lactations. In total, 3,589 incomplete lactations were removed. From these incomplete lactations, 1,499 lactations started after January 2018, and therefore these are likely to be ongoing at the end of the data set. The final data set for analysis of milk production consisted of 4,858 complete lactations with 43,859 milk records. Milk yield was converted to fat- and protein-corrected milk (FPCM) as milk (kg) × [0.337 + 0.116 × fat content (%) + 0.06 × protein content (%)] (CVB, 2012).

Statistical Analysis

Insemination Data.

Number of SC were analyzed per CFSI classes and per Clnt classes to compare between aimed Clnt and result in practice. Insemination data were analyzed using 4 models. The SC was not
normally distributed but followed a Poisson distribution. Number of SC per CFSI class was analyzed using a generalized linear mixed model with a Poisson distribution in SAS (PROC GLIMMIX, version 9.4, SAS Institute Inc., Cary, NC; model 1). The final model included fixed effects of parity, farm, and CFSI class. There were no interaction effects; these were removed from the model by backward selection.

The CR1AI per CFSI class was analyzed using a generalized linear mixed model with a binary distribution in SAS (PROC GLIMMIX; model 2). The final model included fixed effects of parity, farm, and CFSI class. This procedure modeled the probability that there was conception after first insemination.

The number of SC per CInt class was analyzed using a generalized linear mixed model with a Poisson distribution in SAS (PROC GLIMMIX; model 3). The final model included fixed effects of parity, farm, and CInt class. The interaction of CInt class × farm was retained in the model by backward selection of interaction effects.

The CR1AI per CInt class was analyzed using a generalized linear mixed model with a binary distribution in SAS (PROC GLIMMIX; model 4). The final model included fixed effects of parity, farm, and CInt class. All P-values of the least squares means were adjusted with a Bonferroni adjustment.

Milk Production Data

Milk production results were analyzed per CFSI class and per CInt class, with a mixed model in SAS (PROC MIXED), using 4 models. Two models allowed fixed effects of CFSI class or CInt class, parity, and lactation curve parameters (models 5 and 6). Significant interactions (P < 0.05) between the fixed effects and the lactation curve parameters were retained in the final model by backward selection. In these models, cow lactation was added as a random effect nested within farm.

Next, farm was added as a fixed effect to both the CFSI class model and the CInt class model (models 7 and 8). The results for the CFSI class model per farm can be found in Supplemental Tables S1–S4 (https://doi.org/10.3168/jds.2019-17947). Significant interactions (P < 0.05) between the fixed effects and the lactation curve parameters were retained in the final model by backward selection. In addition to the fixed effects, the model included a random effect for repeated measures per cow lactation, assuming an unstructured covariance-structure. Based on these models, lactation curves were fitted using a Wilmink curve extended with a linear negative effect of gestation on milk production, starting at a fixed delay after conception (Wilmink, 1987; Strandberg and Lundberg, 1991):

\[
y_t = a + bt + c(-k \times t) + b_{gest} \times \max[(D_{gest} - D_{delay}),0]
\]

where a, b, c, and k (assumed at 0.05) represent the shape of the Wilmink lactation curve (Wilmink, 1987) and b_{gest} represents the linear negative effect of days in gestation (D_{gest}) from a fixed delay (D_{delay}) after conception (Strandberg and Lundberg, 1991). The D_{delay} was determined for the entire data set; the best fit, based on the Bayesian information criterion, was found for a gestation effect starting at 161 d after conception. From the lactation curves, we derived peak yield, lactation persistency, 305-d yield, and effective lactation yield. Lactation persistency was defined as the slope of the lactation curve from d 100 until d 212 in lactation in kilograms per day. The 305-d yield was calculated as the area under the curve in the first 305 d of lactation. Effective lactation yield was calculated as the total milk yield from calving to next calving (including the dry period) and expressed as FPCM per day of CInt (Kok et al., 2016; Lehmann et al., 2016), using the average CInt for each CInt class × parity class × farm combination, and assuming a 6-wk dry period.

RESULTS
CFSI and CInt

Based on their CFSI, cows had an expected CInt, when assuming conception at first insemination. Cows did not always end up in the expected CInt classes (Table 2). From the cows in the CFSI-1 class (<84 d), almost 50% ended up in the corresponding CInt class (i.e., CInt-1; <364 d). With extending CFSI class, this percentage increased. Per CFSI class, 50.2, 36.1, 36.0, and 28.9% of cows (for CFSI-1, CFSI-2, CFSI-3, CFSI-4, respectively) ended up in a higher CInt class than planned for, based on first insemination. A small proportion of cows ended up in a shorter CInt than expected from first insemination due to a gestation shorter than 280 d.

Based on their CInt, cows had an expected CFSI, when assuming conception at first insemination. Cows did not always originate in these expected CFSI classes (Table 3). More than 50% of cows in CInt classes 3 and higher (CInt ≥ 420 d) had an earlier first insemination before successful insemination (CFSI < 196 d; Table 3).

Services per Conception and Conception Rate at First AI

The number of SC ranged from 1 to 12 (Table 4). The number of SC was equal for extending CFSI classes. Parity class, farm, and CFSI class all affected CR1AI. The CR1AI was lower for CFSI class 3 compared with CFSI class 2. The number of SC increased with CInt class (Table 5) and differed among farms. Both farm and CInt class affected CR1AI. The CR1AI decreased with extending CInt class. In CInt class 1, there were some farms without cows that needed multiple inseminations. In CInt class 5, some farms had zero cows that conceived after 1 insemination.

| Table 5. Services per conception (SC) and conception rate at first insemination per calving interval (CInt) class |

<table>
<thead>
<tr>
<th>Item</th>
<th>CInt class (d)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CInt-1 (&lt;364)</td>
</tr>
<tr>
<td>Lactations (n)</td>
<td>569</td>
</tr>
<tr>
<td>Services per conception</td>
<td>1.11±0.13</td>
</tr>
<tr>
<td>(mean ± SE)</td>
<td></td>
</tr>
<tr>
<td>Range SC (minimum–maximum)</td>
<td>1–4</td>
</tr>
<tr>
<td>Conception rate2 (mean %)</td>
<td>99.7ab</td>
</tr>
</tbody>
</table>

Lactation Curves

Peak yield, lactation persistency, 305-d yield, and effective lactation yield were associated with parity class, CFSI class (Table 6), and CInt class (Table 7). For parity 1, peak yield was highest in CFSI-4 and CInt-4. For parity 2+, peak yield was highest in CFSI-4 and CInt-5. For both parity classes, persistency was highest in CFSI-5 and CInt-5. For parity 1, 305-d yield was highest in CFSI-4 and CInt-4, as was the effective lactation yield. For parity 2+, 305-d yield was highest in CFSI-4 and CInt-5; however, effective lactation yield was highest in CFSI-2 and CInt-2.

| Table 6. Peak yield, lactation persistency, 305-d yield, and effective lactation yield per calving to first service interval (CFSI) class per parity class |
Table 7. Peak yield, lactation persistency, 305-d yield, and effective lactation yield per calving interval (CInt) class per parity class

<table>
<thead>
<tr>
<th>Item</th>
<th>Parity class</th>
<th>CInt class (d)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>CInt-1 (&lt;364)</td>
</tr>
<tr>
<td>Peak yield (kg of FPCM)</td>
<td>1</td>
<td>30.1</td>
</tr>
<tr>
<td></td>
<td>2+</td>
<td>39.5</td>
</tr>
<tr>
<td>Lactation persistency</td>
<td>1</td>
<td>–0.025</td>
</tr>
<tr>
<td></td>
<td>2+</td>
<td>–0.060</td>
</tr>
<tr>
<td>305-d yield (kg of FPCM first 305 d)</td>
<td>1</td>
<td>8.577</td>
</tr>
<tr>
<td></td>
<td>2+</td>
<td>10.384</td>
</tr>
<tr>
<td>Effective lactation yield (kg of FPCM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>per day CInt)</td>
<td>2+</td>
<td>24.7</td>
</tr>
</tbody>
</table>

Moreover, peak yield, persistency, 305-d yield, and effective lactation yield were associated with a farm effect and interactions with the lactation curve characteristics.

Peak Yield and Persistency per Farm

Effects of CInt class on peak yield and lactation persistency were dependent on parity and farm. The modeled peak yield per farm ranged from 20.3 to 37.6 kg/d of FPCM for parity 1, and from 26.8 to 51.4 kg/d of FPCM for parity 2+ (Supplemental Table S1, https://doi.org/10.3168/jds.2019-17947). For 9 out of 13 farms in parity 1, peak yield was lowest for CInt-1 compared with the peak yield of the other CInt classes within farms. For the other 4 farms, peak yield was lowest for CInt-2 (farm L), CInt-3 (farms C and M), and CInt-5 (farm J; Figure 1A). For parity 2+, the peak yield was lowest for CInt-1 for all farms compared with the peak yield of the other CInt classes within farms (Figure 1B).
Figure 1. Peak yield per farm (A–M) per calving interval (CInt) class relative to CInt-1 (CInt-1 = 1) for cows with parity 1 (A) or parity 2+ (B). The CInt classes are CInt-1 (<364 d), CInt-2 (364–419 d), CInt-3 (420–475 d), CInt-4 (476–531 d), and CInt-5 (≥532 d). Farm L parity 1 could not be computed. Farm F and farm L do not have lactations with parity 2+ in CInt-1 and are therefore not shown.

The lactation persistency per farm ranged from 0.003 to 0.052 kg of FPCM reduction per day for parity 1, and from 0.009 to 0.102 kg of FPCM reduction per day for parity 2+ (Supplemental Table S2, https://doi.org/10.3168/jds.2019-17947). For 7 out of 13 farms in parity 1, lactation persistency was greatest for CInt-5 compared with the lactation persistency of the other CInt classes within farms. For the other 6 farms, lactation persistency was greatest for CInt-1 (farms B, E, I, and K), and CInt-4 (farms C and L; Figure 2A). For 7 out of 13 farms in parity 2+, lactation persistency was greatest for CInt-5 compared with the lactation persistency of the other CInt classes within farms. For the other 6 farms, lactation persistency was greatest for CInt-1 (farms B, E, I, K, and L), and CInt-4 (farm C; Figure 2B).

Figure 2. Persistency per farm (A–M) per calving interval (CInt) class relative to CInt-1 (CInt-1 = 1) for cows with parity 1 (A) or parity 2+ (B). The CInt classes are CInt-1 (<364 d), CInt-2 (364–419 d), CInt-3 (420–475 d), CInt-4 (476–531 d), and CInt-5 (≥532 d). Farm L parity 1 could not be computed. Farm F and farm L do not have lactations with parity 2+ in CInt-1 and are therefore not shown.
The 305-d Yield and Effective Lactation Yield per Farm

Effect of CInt class on 305-d yield and effective lactation yield depended on parity and farm. The 305-d yield per farm ranged from 5,822 to 10,843 kg of FPCM for parity 1, and from 6,867 to 13,546 kg of FPCM for parity 2+ (Supplemental Table S3, https://doi.org/10.3168/jds.2019-17947). For parity 1, 9 out of 13 farms had greatest 305-d yield for CInt-5 compared with the other CInt classes within farms. For the other 4 farms, 305-d yield was greatest for CInt-3 (farms G and J) and CInt-4 (farms B and L; Figure 3A). For 10 out of 13 farms, 305-d yield was lowest for CInt-1, and for 3 farms 305-d yield was lowest for CInt-3 (farms C and M) and CInt-5 (farm J). For 11 out of 13 farms in parity 2+, 305-d yield was greatest for CInt-5 compared with the other CInt classes within farms. The other 2 farms had greatest 305-d yield for CInt-4 (farms B and J). Except for farm M, all farms had lowest 305-d yield for CInt-1 (Figure 3B).

![Figure 3. The 305-d yield per farm (A--M) per calving interval (CInt) class relative to CInt-1 (CInt-1 = 1) for cows with parity 1 (A) or parity 2+ (B). The CInt classes are CInt-1 (<364 d), CInt-2 (364–419 d), CInt-3 (420–475 d), CInt-4 (476–531 d), and CInt-5 (≥532 d). Farm F and farm L do not have lactations with parity 2+ in CInt-1 and are therefore not shown.](image)

The effective lactation yield per farm ranged from 16.7 to 32.6 kg of FPCM per day for parity 1, and from 19.8 to 35.5 kg of FPCM per day for parity 2+ (Supplemental Table S4, https://doi.org/10.3168/jds.2019-17947). For parity 1, 6 out of 13 farms had greatest effective lactation yield for CInt-5 compared with the other CInt classes within farms. For the other 7 farms, effective lactation yield was greatest for CInt-2 (farm H), CInt-3 (farms G and J), and CInt-4 (farms B, E, I, and L; Figure 4A). For parity 2+, 6 out of 13 farms had greatest effective lactation yield for CInt-2 compared with the other CInt classes within farms. For the other 7 farms, effective lactation yield was greatest for CInt-3 (farms B and J), CInt-4 (farms A, I, K, and L), and CInt-5 (farm F; Figure 4B).
DISCUSSION

The current study aimed to investigate fertility and milk production on farms that customize CInt of their cows. On these farms, different cow characteristics were used to determine which cows to extend CInt. These cow characteristics could differ between farms and between years. This study adds insight to the consequences of customized lactation management in practice.

Fertility

Calving interval was extended by extending the VWP. Calving to first service interval was used as a measure of the VWP. In the current study, CFSI class was not related to SC. The CFSI class 3 (140–195 d) had a lower CR1AI compared with CFSI class 2 (84–139 d), however there were no differences with or between the other CFSI classes. Earlier studies found a decrease in SC (Larsson and Berglund, 2000; Niozas et al., 2019b) and an improved CR1AI (Larsson and Berglund, 2000; Inchaisri et al., 2011; Niozas et al., 2019b) when VWP was extended. This was explained by the delay of insemination until a cow is possibly out of the negative energy balance (NEB). The NEB in early lactation has been associated with impaired fertility, as the lack of glucose and increased free fatty acid concentration may impair oocyte quality (Jorritsma et al., 2004; Leroy et al., 2006; Fouladi-Nashta et al., 2007). Possibly, in this study, CFSI was specifically extended for cows with high milk production as a result of farmers' strategies. Several farmers aim at insemination at a specific milk production level for all cows. This could have resulted in a similar metabolic status, and with that a similar health status at time of conception (Butler et al., 1981). A similar health status could mean similar fertility, leading to similar success of insemination (i.e., SC and conception rate at first AI; Niozas et al., 2019b). The current study, moreover, used retrospective farm data. It is unknown whether an extended CFSI was a deliberate decision of a farmer, a real measure of the VWP, or the result of a cow not displaying estrus. Therefore, the extended CFSI classes could consist of both cows that are deliberately inseminated later and cows with estrus or health problems that could not be inseminated earlier. In extended CFSI classes, the maximum SC decreased. This finding might be related to improved fertility. With extending CFSI classes, moreover, the percentage of cows that ended up in higher CInt classes decreased, which might imply improved fertility after delayed insemination. Alternatively, cows with an extended CFSI may get fewer chances to conceive before they are replaced because a lower milk yield at that time might...
make it undesirable to extend Clnt further. The present study did not include incomplete lactations, which may have skewed SC if cows were allowed fewer inseminations in the case of an extended VWP.

The farmers in the current study aimed to customize Clnt by extending VWP. An increased CFSI, however, was not always the reason for an extended Clnt. In fact, around 70% of cows in a Clnt ≥ 476 d (Clnt-4 and Clnt-5) were first inseminated aiming at a shorter Clnt. From Clnt-3 onwards (≥420 d), the majority of cows had a lower CFSI (CFSI < 196 d) than expected based on Clnt class. As a consequence, the extended Clnt classes consisted of both cows with a delayed first insemination (either voluntarily or due to lack of estrus) and cows that were unable to conceive earlier and therefore needed multiple inseminations to become pregnant. Overall SC in this study was 1.94; SC was 1.90 for cows in parity 1 and 1.96 for cows in parity 2+, with a maximum of 12 inseminations per cow. Farmers in this study may have been more accepting toward an extended Clnt, and therefore were more inclined to inseminate a cow with difficulties to conceive multiple times, rather than replacing that cow, compared with farmers that aim for a 1-yr Clnt.

Cows could end up in extended Clnt due to poor fertility and therefore more days to pregnancy than aimed for based on first insemination. In fact, 50.2% of cows with CFSI < 84 d ended up in longer than expected Clnt (>364 d). This showed that these cows were not able to conceive for the desired Clnt, and moreover, that the longer Clnt classes consisted of both cows selected for an extended Clnt and cows unable to conceive sooner. A 1-yr Clnt is still generally advised for an optimal economic result (Holmann et al., 1984; Steeneveld and Hogeveen, 2012), and therefore it can be assumed that the majority of Dutch dairy farmers aim for a 1-yr Clnt. Less than 2% of farmers in the Netherlands, however, achieve an average Clnt of <369 d (CRV, 2019).

Lactation Curves

In the current study, peak yield and lactation persistency were calculated according to fitted lactation curves. Earlier studies pointed out that, in terms of milk production, extending Clnt seemed more successful for cows with greater lactation persistency (Arbel et al., 2001; Inchaisri et al., 2011; Kok et al., 2019), or cows with greater peak yield (Rehn et al., 2000; Lehmann et al., 2017). In the current study, the peak yield was lower for CFSI-1 class (<84 d) and for Clnt-1 class (<364 d) compared with the peak yield of the other CFSI and Clnt classes. Low peak yield in the short CFSI Clnt classes could be related to 2 aspects. First, in the present study, it could reflect the strategy of farmers to start insemination soon when peak yield is low. Not all cows in extended Clnt, however, had an extended Clnt because of delayed insemination. Second, cows with a low peak yield may resume ovarian cyclic ity earlier (Opsomer et al., 1998; Shrestha et al., 2004) and express estrus more easily, as milk yield has been found to negatively correlate with estrus expression (Lopez et al., 2004; Holman et al., 2011; Cutullic et al., 2012). Cows with a low peak yield, moreover, were more likely to conceive in 1 or 2 inseminations (Lean et al., 1989).

Persistency was greater in the longer CFSI classes, possibly reflecting successful selection of cows with greater persistency for extended CFSI. Farmers had different strategies to select cows for extended CFSI. Farmers that based their strategy on production level indirectly took persistency into account, as more persistent cows will take longer to drop below the cut-off level for milk yield, and are thus inseminated later and end up in greater CFSI classes. Despite that many cows in the extended Clnt classes did not originate from an extended CFSI, lactation persistency increased from Clnt-2 to Clnt-5 (364–532 d). There are a few possible reasons for this positive relationship between Clnt length and persistency. First, possibly only high-producing, persistent cows were given many chances to become pregnant, resulting in a higher proportion of persistent lactations in an extended Clnt, and low-producing or less persistent cows may have been culled and therefore did not end up in the data set. Second, it is possible that mainly high-producing cows had more difficulties to conceive and as a result involuntarily ended up in extended Clnt (Chebel et al., 2004; Walsh et al., 2011). Third, increased lactation persistency in extended Clnt has been related to a delayed effect of pregnancy on the lactation curve (Brotherstone et al., 2004). The persistency in the present study was calculated between d 100 and 212, a time that pregnancy was assumed to not yet affect the
lactation curve (Strandberg and Lundberg, 1991; Penasa et al., 2016). However, gestation may reduce milk yield from the first month onward, which could already have reduced persistency between d 100 and 212 in lactation (Olori et al., 1997). The greater lactation persistency in the longer Clnt classes could thus be related to selection of persistent animals for a long Clnt or cow physiology (i.e., poor fertility of high-producing cows or a delayed pregnancy effect after later insemination; Olori et al., 1997; Brotherstone et al., 2004; Chebel et al., 2004).

On some farms, the greatest lactation persistency was found for Clnt-1 (<364 d). For these farms, however, the lowest peak yield was also found for Clnt-1. A low peak yield is related to high persistency, whereas a high peak yield is related to low persistency (Dekkers et al., 1998). A high peak was related to a more severe NEB, and a more severe NEB has been related to an altered metabolic status, associated with increased plasma nonesterified fatty acid concentration and a greater incidence of metabolic diseases (Esposito et al., 2014). Both elevated levels in plasma of free fatty acids and β-hydroxybutyrate in early lactation (Chen et al., 2016) and the occurrence of mastitis after peak yield (Appuhamy et al., 2007) have been related to reduced lactation persistency. When peak yield was delayed and lowered as a consequence of metabolic diseases in early lactation (i.e., before peak yield), persistency was found to increase, indicating that a low peak is related to an increased persistency (Appuhamy et al., 2007; Hostens et al., 2012).

The 305-d yield reflects the lactation potential of a dairy cow (Kuhn and Hutchison, 2005; Kok et al., 2016), and is therefore expected to be correlated with effective lactation yield. For cows in parity 1, both 305-d yield and effective lactation yield were greatest in CFSI-4 (196–251 d) and in Clnt-4 (476–531 d). For cows in parity 2+, however, greatest 305-d yield was found in CFSI-4 (196–251 d) and in Clnt-5 (≥532 d), whereas greatest effective lactation yield was found in CFSI-2 (84–139) and in Clnt-2 (364–419 d). Within farms, overall greatest 305-d yield was found in Clnt-5 (parity 1: 9 out of 13 farms; parity 2+: 11 out of 13 farms), however, they mostly did not realize the greatest effective lactation yield in Clnt-5. For cows with parity 1, greatest effective lactation yield was found in Clnt-5 in 6 farms. By selecting the best cows in terms of 305-d yield for extended Clnt, it was thus possible to realize high effective lactation yield of first parity cows in extended Clnt. In the other cases, effective lactation yield was still comparable to the effective lactation yield in the other Clnt classes, and greater than the effective lactation yield in Clnt-1. For cows with parity 2+, greatest effective lactation yield was found in Clnt-5 in 1 farm. In the other farms where 305-d yield was greatest in Clnt-5, effective lactation yield was often lowest in Clnt-5. The effective lactation yield corrects for Clnt (Kok et al., 2016). Thus, when corrected for length of Clnt, the best cows in terms of 305-d yield in the Clnt-5 group did not have the greatest milk production per day in extended Clnt. This can be explained by a decrease in their milk production toward the end of their long lactation, and these cows would probably have accomplished greater effective lactation yield in shorter Clnt (Kok et al., 2019).

The greatest 305-d yield found in Clnt-5 is probably partly due to selection of cows with higher milk yield for a longer Clnt by using peak yield or daily milk level to determine VWP (7 farmers). Moreover, some farmers gave their cows many chances to become pregnant (up to 12 inseminations). Depending on parity and milk yield, cows can be inseminated up to 16 mo in milk before it becomes more profitable to replace that cow (Inchaisri et al., 2012). In the current study, number of inseminations per pregnancy was much greater in the extended Clnt classes compared with the shorter Clnt. If only cows in Clnt-5 that were planned for a shorter Clnt were considered, average number of inseminations for the Clnt-5 group was 4.33. Therefore, in the current study, some of the cows in Clnt-5 may have been there because these were high-producing cows that were either selected for a long Clnt or were unable to conceive early and ended up in extended Clnt due to multiple inseminations, contributing to the high 305-d yield in this group.

Farmers that have a fixed VWP in days for all their cows do not take individual milk yield or lactation persistency into account when assigning cows to an extended Clnt. As a result, some of these farmers did not realize more persistent lactations in extended Clnt. In extended Clnt it is especially important to have more persistent lactations to minimize losses from extending Clnt (Kok
et al., 2019). Some of these farmers with a fixed VWP in days, however, argued that their goal is not to maximize milk yield per cow, but to identify and select cows capable of maintaining lactation in an extended CInt. When having the same VWP for all cows, a farmer can use cow performance in an extended VWP strategy to select cows suitable for extended CInt for the next generation.

There was a large variation in lactation curve characteristics among farms. The main reason for this was probably due to a large variation in management or possibly genetics among farms in general. When looking within farms, however, similar patterns were found among the farms for the different CInt and CFSI classes concerning milk yield and lactation curve characteristics (Figures 1–4; Supplemental Tables S1–8, https://doi.org/10.3168/jds.2019-17947). Although absolute values among farms differ, cows with a higher peak, higher 305-d milk yield, and higher persistency still ended up in longer CInt classes on most farms.

Motivation to Extend CInt

Instead of maximizing FPCM yield, farmers in the current study were interested in customizing CInt for other reasons. First, farmers aimed for potential health benefits related to an extended CInt. Extending CInt increased the time between critical transition events and could lower the number of cows that are being dried-off at high milk yields, therewith possibly improving health (Knight, 2005; Lehmann et al., 2014; Niozas et al., 2019a). Second, some farmers aimed for fewer calves born. At farm level, fewer calves result in less income from calves sold, but because calf prices are limited, it might be a benefit due to a reduction in costs (Mohd Nor et al., 2012). On a typical dairy farm, replacement rate can be assumed to be around 30% (Mohd Nor et al., 2014), indicating a surplus of calves that need care, labor, and feed when a 1-yr CInt is applied. A problem with selecting cows capable of extended CInt, however, is that the most suitable cows will have the longest CInt, and therefore the fewest number of calves. Farmers in the current study did take this into account when deciding on selection strategy, keeping calves from cows that were persistent in earlier lactations and inseminating less persistent cows with beef bulls (e.g., Belgian Blue) to sell the crossbred calves to the veal industry. Third, farmers aimed for a reduction in farm labor, mainly because of less transition management (i.e., drying-off, calving, start of lactation) and less calf care. Possible positive effects of extended CInt on health, fertility, and farm labor should be subject of further studies to conclude on the viability of customizing CInt on farms.

CONCLUSIONS

In this study, increased CFSI was not related to SC or conception rate at first AI on 13 commercial Dutch dairy farms that customize calving intervals by increasing the VWP for (part of) their herd. Longer CInt was related to increased SC and decreased conception rate at first AI. On most farms, persistency was greatest in the lowest CInt class (<364 d), probably related to the low peak yield in this class. Excluding this short CInt class, persistency increased with extending CInt on most farms. Though 305-d yield was greater in the longest CInt class (≥532 d) at the majority of farms, effective lactation yield at most farms was greatest in CInt from 364 to 531 d, especially for multiparous cows. Based on the results of this study, it differs per farm what strategy in terms of waiting period for first insemination is optimal for milk production. For heifers on most farms, a CFSI of more than 196 d resulted in greatest effective lactation yield, when high-yielding heifers (differs per farm; >7,500–11,000 kg of FPCM/305 d) were selected. For cows on most farms, a CFSI of more than 140 d resulted in greatest effective lactation yield, when high-yielding cows (differs per farm; >9,500–12,000 kg of FPCM/305 d) were selected.
REFERENCES


